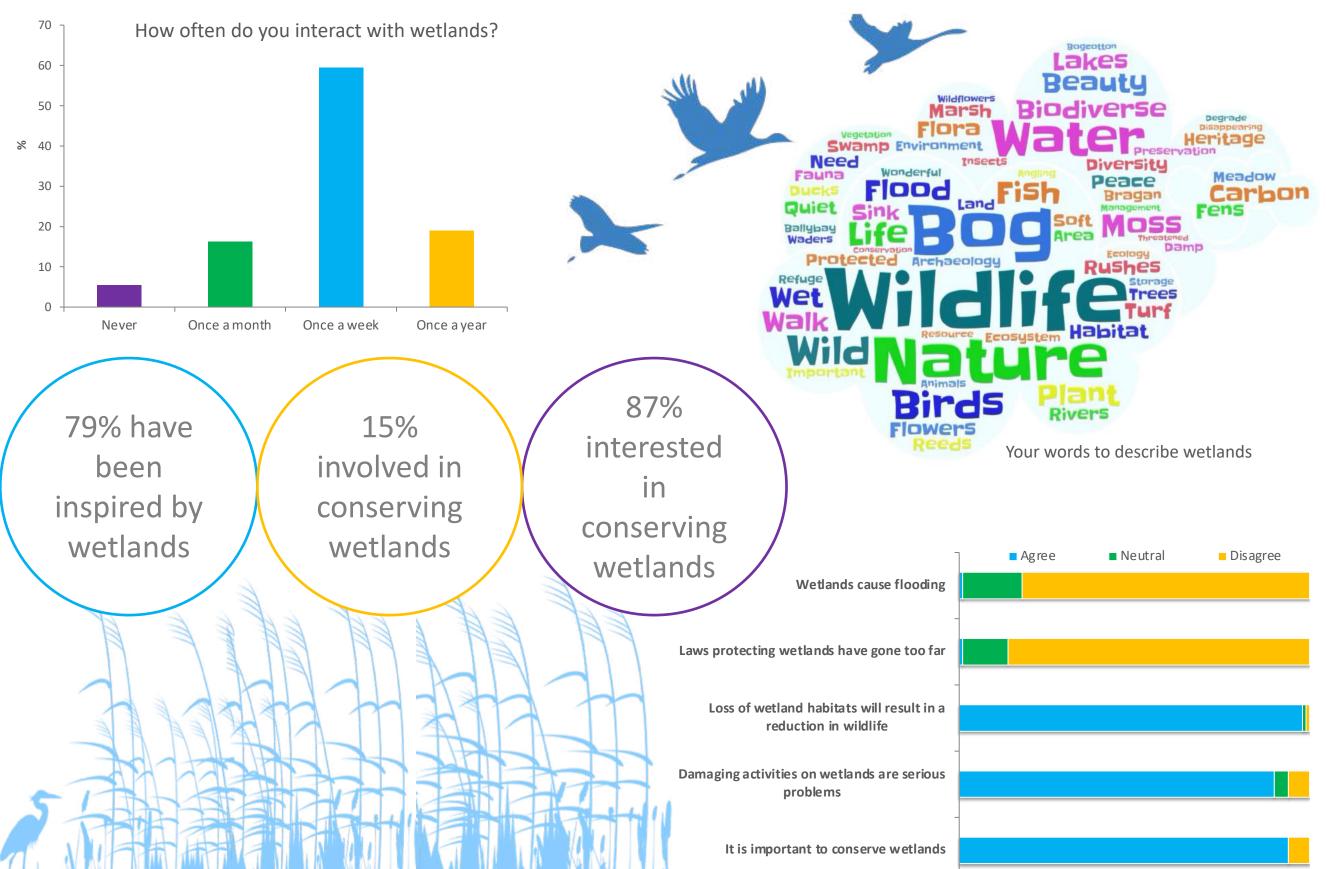
Attitudes to Wetlands in County Monaghan











Attitudes to Wetlands in County Monaghan









How wetlands inspired you...

"I swim in our local lake. Take walks to it. Kayak on it. Helped during stress of lockdown"

"A walk around the wetlands followed by a cuppa in a cafe is a real treat"

"I have written short stories that focus on local wetlands as sites of transformation"

"Beautiful in Sliabh Beagh whilst duck hunting"

"The concept of deep time. How things change and how we often only scratch the surface. There's an awful lot going on beneath"

"On the rare occasions that I get to go fishing, these are some of the most memorable days, even if nothing is ever caught"

> "It inspired me to try and plant more flowers and trees where I can, and collect rubbish from the lake"

"I was born in a house with an untouched bog behind it and still remember the cuckoo calling when I was a child"

> "I practice mindfulness and use the sounds and peace to help me in my exercises, nature is beautiful, tranquil and therapeutic"



"All wetlands inspire me for their natural beauty, find them soothing and peaceful. Wetlands are very restorative places"

"I like to bring the children to see wetlands and educate the next generation about nature"

"Love discovering the animals, plants and archaeology found there. It's just a different world!"

Wetlands you mentioned...

- 1. Ballybay Wetlands
- 2. Sliabh Beagh / Bragan
- 3. Lough Muckno
- 4. Emy Lough
- 5. Lough Naglack
- 6. Back Lough
- 7. Tully Lough
- 8. Drumsnat Lough
- 9. Grove Lough
- 10. Lough Aphuca
- 11. Rossmore Park
- 12. Conns Lough
- 13. Glaslough
- 14. Hollywood Lake
- 15. Horseshoe Lough
- 16. Kilroosky Lough Cluster
- 17. Lisanisk Lake



"The sights sounds and smells of the wetlands as the morning breaks and the dew lifts is awesome".

